Fatal Vision Goggles Activity

**Content Standards**

Students will…

1) Explain how personal choices affect the body.
2) Examine the impact of risk taking behaviors.
3) Show respect for other students.
4) Identify healthy lifestyle behaviors.

**Process Standards**

Students will…

2) Present information through various techniques.
3) Apply decision making skills to various situations.

**Task**

Students in pairs will wear fatal vision goggles that represent a .10 blood alcohol level. Each pair will attempt to throw a 16 inch softball successfully to each other and catch it. After each pair gets a turn you will answer the following reflection questions:

1) Explain which short term effects you were experiencing during the activity. How did your body feel during the activity?

2) What do you think are the consequences of drinking and driving?

3) You are in a position that you drove yourself and 2 friends to a party and you ended up drinking when you said you would not. Your other 2 friends were drinking too. You are too far away to walk and it is midnight. You and your friends cannot drive back home – what are your options? Please list and explain each option.