

New Unit's Resolution

Every time we start a new unit it is another chance to improve our current grade. The problem is that although many students believe that very few actually take steps to change the way they approach physics. This means that they hope to do better while doing the same things that they did last chapter which means that they will most likely perform in a similar fashion and thus not improve their grade.

The purpose of the "New Unit's Resolution" is to make a conscious effort to improve from unit to unit. You will be making a single resolution for this new unit that will help you improve on a single aspect of how you approach this physics class. You will need to do the following:

Write a resolution that will help you obtain a better understanding of physics and thus a higher grade in this class. Your resolution should be chosen based on something you feel you can improve on from last unit. Then include specific examples (at least 2) of how you will achieve this new goal

Questions to ask yourself that will help you decide on a "new unit resolution":

1. Did I ask questions in class?
2. Did I get help when I needed it or did I wait till the day before the test to get help?
3. What steps did I actually take when preparing for the test?
4. Am I contributing to the group work?
5. Am I an active participant in the lab work?
6. Am I afraid of looking stupid if I ask a question?

Example:

Resolution: I want to perform better on the free response section of the test.

How I know I will succeed:

- I will do all my homework and write a statement of despair for the problems that I get stuck on
- I will then ask questions in class based on the problems that I got stuck on. These questions will both be asked to my fellow group members and those that are presenting the problem to the class

My "New Unit's Resolution" is:

I know I will be successful if I...

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