

Reflection on Target Sheet and Setting Goals

Standards:

– Students will be able to develop realistic goals to improve their performance

Throughout the course of this unit, you have been using your target (objective) sheets to evaluate your understanding of the targets that will be on the upcoming test. I would like you now to write a paragraph reflecting on the targets for which you are least confident. For the targets that you do not know, tell me specifically what your struggles are, and set one or two goals for yourself about how you plan to improve your understanding of the targets before the test. Also explain how your goal(s) will help you to improve.

	Poor	Good	Excellent
Struggles accurately identified based on target sheets	Not all struggles are identified (1 pt)		Struggles accurately identified (2 pts)
Realistic goals set to improve knowledge	Goals are not realistic or do not completely address the student's weaknesses (2 pts)	Goals are set but cannot be used to completely make up for student's weaknesses (4 pts)	Goals for the targets are realistic and can be used to improve student's knowledge (6 pts)

Total score: _____ / 8