Making goals – realistic vs. unrealistic and implications

Criteria: Teacher will provide a hand-out labeled “Goals: Realistic vs. Unrealistic.” Next to each of the ten listed goals, students will either write a “U” or an “R” next to each goal statement, depending on how they feel that specific goal applies (or doesn’t apply) to their own life goals. Students are expected to provide support for their responses.

Standards Addressed:
Apply word analysis and vocabulary skills to comprehend selections (C)
Demonstrate the ability to ask insightful questions (P)

Assessment: As long as students answer and respond to all ten of the following statements, they will receive full credit for the assignment.

GOALS: REALISTIC VS. UNREALISTIC – GETTING TO KNOW YOURSELF

****PLACE A “+” NEXT TO THE STATEMENTS THAT APPLY TO YOU. FOR EACH STATEMENT, BE SURE TO EXPLAIN WHY IT DOES OR DOES NOT APPLY TO YOUR LIFE. ****

1. I AM GOING TO BE RICH AND FAMOUS.
2. I AM GOING TO HAVE A JOB THAT I REALLY ENJOY.
3. I AM GOING TO LIVE TO BE 100 YEARS OLD.
4. I AM GOING TO OWN A LARGE HOUSE.
5. I AM GOING TO HAVE KIDS SOMEDAY.
6. I AM GOING TO GRADUATE FROM A FOUR-YEAR COLLEGE OR UNIVERSITY.
7. I AM GOING TO MAKE THE HONOR ROLL FOR THE REMAINDER OF MY HIGH SCHOOL CAREER.
8. I AM GOING TO WORKOUT ON A REGULAR BASIS.
9. I AM GOING TO BE KIND AND COURTEOUS TO EVERYONE I MEET.
10. I AM GOING TO TRY MY BEST TO SUCCEED IN ALL OF MY ENDEAVORS.