Project #5 - Hand Stitches and Stitchery

1. Gather your materials:
   - Hoop
   - Needle
   - Fabric
   - Floss (Special Green Thread)
   - Instructions and Grading Sheet

2. Place your fabric into the hoop.
3. Split the floss into two strand pieces.
4. Thread your needle and use the long tail/short tail method of sewing. Place a knot in ONLY the long tail.

5. Starting from the back. Sew onto your fabric your choice of nine (9) stitches. Write your choices below:
   1. __________________________
   2. __________________________
   3. __________________________
   4. __________________________
   5. __________________________
   6. __________________________
   7. __________________________ Extra Credit
   8. __________________________ Extra Credit
   9. __________________________ Extra Credit

   Running Stitch
   Cross Stitch
   Blanket Stitch
   French Knot
   Satin Stitch
   Back Stitch
   Split Stitch
   Stem Stitch
   Raised Stem Stitch
   Coral Stitch
   Buttonhole Stitch

6. Using an ink pen, write the name of the stitches clearly and carefully next to your sewing.
7. Sign your name to your work and write the date completed in a bottom corner.
8. Complete the below grading sheet and conference with teacher for a grade.

**Family and Consumer Science – FACS**  
**Project #5—Hand Stitches and Stitchery**  
**Self-Grading Sheet**

Grade yourself by placing an “x” in the correct box.

<table>
<thead>
<tr>
<th>Sewing Techniques</th>
<th>Excellent (5)</th>
<th>Very Good (4)</th>
<th>Good (3)</th>
<th>Poor (2)</th>
<th>Very Poor (1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I gathered my materials.</td>
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<tr>
<td>2. I put my fabric in a hoop and pulled the fabric tautly.</td>
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<td>3. I separated my floss into three (3) separate two (2) strand pieces.</td>
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<td>4. I put my thread onto my thread card.</td>
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<td>5. I demonstrated that I can sew different stitches. Six = good, nine = excellent.</td>
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<tr>
<td>6. I wrote the name of each stitch next to my work carefully.</td>
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<td>7. I tied off all of my threads neatly in the back.</td>
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<td>8. My stitches are neat and even.</td>
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<td>9. I was focused and worked quietly.</td>
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<td>10. I put my tools away carefully.</td>
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</tbody>
</table>

Possible points = 50

Write a complete sentence explaining one lesson that you learned while making this project:

____________________________________________________________________________

Write the definition of the word: tautly

____________________________________________________________________________

Extra Credit - Use the word tautly in a sentence:

____________________________________________________________________________

Student Signature: __________________________ Teacher’s Signature: ____________________

Student’s Grade: _________ Project is ready to take home (circle one). Yes No